

THE IMPORTANCE OF LEARNING A SECOND LANGUAGE AND ITS BENEFITS FOR THE INDIVIDUAL

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ABSTRACT : Learning language is a complex task that it requires you should have skills such as persistence, dedication, patience, and hard work. In addition, it has become a necessity and trend these days. In this article, we will break down the importance of learning a second language, some of the benefits of learning a second language and why this skill is one of the most overlooked skills in the world.

KEY WORDS:Second language, persistence, overlooked skill, multilingual world, globalized, opportunity, benefits, integration, culture, connection.

INTRODUCTION

Language is a key to humans' heart. If you want to ask or just know something, you have to communicate with them. Moreover, we live in a multilingual world, where connections are now more important than ever. The world is becoming increasingly globalized and knowing a second language opens up the opportunity for being part of a community with a different culture, and learning more about the world around us.

Why should we learn a foreign language, when the whole world speaks in English? Some reasons are practical, some are inspirational, some are intellectual and others are sentimental. The reasons for learning a new language are many, but the

importance of learning foreign languages is universal that is it will always benefit you in one way or another. Let's have a look at some of the benefits of learning a second language. A second language can drastically change your career. Living in an interconnected world means that more and more jobs are advertising positions where knowing more than one language is essential.

As more companies trade internationally and create relationships with other countries, employees are often asked to travel for work, enhance these relationships, or be relocated abroad. Besides having more chances of landing a good job or advancing in your career, learning a second language can also give you an insight into other cultures. You will be more prepared and confident to travel the world and explore other people's ways of living.

MAIN PART

Lack of integration is a real problem for most countries. More often than not, this is due to the language barrier. People outside of their home countries end up being isolated, hanging out only with people from similar communities where their language is spoken. The more you use your brain to learn new skills, the more your brain's functions work. Learning a new language pushes your brain to get familiar with new grammar and vocabulary rules. It allows you to train your memory to remember new words, make connections between them, and use them in contextual situations.

Time management and multitasking are two skills that will always help you. Multilingual people have the ability to switch between languages. Their ability to think in different languages and be able to communicate in more than one language helps with multitasking.

Fully immersing yourself in a language learning environment means not only learning the basics of that language. It means learning how to communicate in another language with your peers or participating in extracurricular activities in that specific language. But sometimes people have difficulties to learn a new language,

and they come across lots of questions like ‘how can I learn it?’ or ‘how can I use it my work?’ Sometimes, the biggest challenge to language learning is overcoming our own fears: fear of making a mistake, of saying the wrong thing, of embarrassing yourself, of not being able to find the right word, and so on. This is all perfectly rational: anyone learning a language is going to make mistakes, and sometimes those mistakes will be very public. The thing is you need to make those mistakes. One of the key principles of language learning is all about making errors and then learning from them: this is what review & feedback means. Plus, if you’re not willing to make errors, then the amount of language you produce (your output) goes way down. In other words, being afraid of making a mistake negatively affects key principles of language learning!

Advantages of learning a second language:

1. Increases business opportunities
2. Strengthens the brain
3. Increases your ability to take on multiple tasks
4. Improves performance in other Academic Fields
5. Opportunity to meet new people
6. Expands your tourism opportunities

1. The world is changing rapidly and many companies are looking to open branches in different corners of the world. You need to be a person who knows another foreign language, has a worldview before such companies hire you. Even in companies in your home country, the ability to speak a second language can provide you with a job.

2. Strengthens the brain

Learning a new language is very complicated. It is to follow a whole new complex system of rules, structures, and lectures. So the brain needs to work harder. He must master the complexity of understanding and master new models.

Gradually, your brain will begin to understand new meanings of words and help you develop communication, knowledge thinking, and problem-solving skills. These skills are useful both personally and professionally.

3. Increases your ability to take on multiple tasks

If you ask for information in different languages of the brain and require switching languages, you will act moderately. Some people also exhibit many functions to this brain, such as brain magic. Because the brains of the two bilinguals are used to switch languages, they are more suited to having higher mental abilities. Like editing irrelevant information and focusing on important information. They do a lot of repetition.

4. Improves performance in other Academic Fields

Learning a second language leads to higher cognitive skills and consequently improves the student's level of knowledge. Because bilingual students can concentrate and perform more tasks better than their classmates, they are more likely to perform better on standardized tests. They include excellent math, reading and vocabulary, as well as other problem-solving tasks.

5. Opportunity to meet new people

If you are a person who loves to meet new people and communicate with them, then learning a new language should be a priority. As you learn new languages, the doors of communication opportunities around the world will open for you. For example, you make new friends instantly by learning in a group setting. If you haven't started testing your new language with the people in the group, you can meet people online. People will get along well with you when you talk to your parents.

6. Expands your tourism opportunities

In a number of countries, your thirst for adventure is enhanced by nothing but the ability to communicate in major foreign languages. For example, when you learn to speak Spanish, you enjoy traveling to more than 20 countries where Spanish is the main language. You know exactly how to receive you in a country where you can

speak their language. So you will have no problem adding these countries to your travel list.

RESULTS AND DISCUSSIONS

So what do you do? In part, you may need to push yourself to **get comfortable with making errors**. However, you should also look for ways to get **low-stakes practice**: create situations in which you feel more comfortable trying out your new language and making those inevitable mistakes. For example, consider finding a study partner who is at your level of language skill. This is often more comfortable than practicing with an advanced student or a native speaker, and they're usually easier to find—you've got a whole class full of potential partners!

Learning a new language is a lot of work, but that's not what motivated you to start studying it in the first place, right? Instead, you probably want to travel or work abroad, or be able to talk with people from other countries, maybe even study literature or history... Whatever got you interested in this language in the first place, it's probably a lot more fun than all this studying is.

Here's the thing: whenever you can do something that connects you back with the reasons that motivate you to study your new language, or you find something new and exciting about the language you're studying or the cultures that use it, use your excitement to boost your motivation. It's what will keep you going—and that kind of persistence is a key factor in language learning success.

But, in addition to staying focused on what you enjoy, you can also deliberately create fun social activities that also help you grow your language skills. For example, try hosting a dinner and movie “theme” night with friends who are studying the same language. Create a “mini-immersion” environment: watch movies in the language you're learning, cook some authentic cuisine, and try to speak only in your new language. It's a great way to get some authentic, low-stakes practice.

CONCLUSION

In our opinion, learning foreign languages is very important in an individual's life. It has lots of benefits as mentioned above. If language skills are to be improved then it is necessary that everyone should play their role- Firstly, the parents should encourage their children about learning foreign languages. Secondly, local education authorities and schools should emphasize on learning foreign languages through short term courses of languages. Colleges, institutes and universities should focus on adding an additional subject of certain foreign languages such as English, Russian, Chinese, German, Spanish, French, etc.

Media and the general public should understand the value of learning foreign languages and its importance in future and adhere to it accordingly. Our quality of life and personal development is enhanced significantly if we have knowledge of foreign languages. We will definitely enjoy and cherish the time spent in educating ourselves even if we never use foreign language in practical situations. The truth is, learning new skills every day enhances all aspects of your life. By learning new skills, you can increase your career opportunities, find out more about the world around you, and be a better person overall. We highly encourage you to start learning a new language as early in your life as possible. However, you are never too old to learn! The world moves fast, and we must keep up with the changes - by developing new skills, learning more about ourselves, and also, learning a new language!

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